

PATIENT NAME: \_\_\_\_\_ ID#: \_\_\_\_\_ DATE: \_\_\_\_\_

**Description:** This survey is meant to help us obtain information from our patients regarding their current levels of discomfort and capability.

**Please circle the answers below that best apply**

Please rate your pain level with activity: NO PAIN = 0 1 2 3 4 5 6 7 8 9 10 = VERY SEVERE PAIN

Pelvic Floor Distress Inventory Questionnaire - Short Form 20

			<b><u>If yes</u>, how much does it bother you?</b>			
			Not at all	Somewhat	Moderately	Quite a bit
1.	Do you usually experience pressure in the lower abdomen?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
2.	Do you usually experience heaviness or dullness in the lower abdomen?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
3.	Do you usually have a bulge or something falling out that you can see or feel in the vaginal area?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
4.	Do you usually have to push on the vagina or around the rectum to have a complete bowel movement?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
5.	Do you usually experience a feeling of incomplete bladder emptying?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
6.	Do you ever have to push up in the vaginal area with your fingers to start or complete urination?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
7.	Do you feel you need to strain too hard to have a bowel movement?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
8.	Do you feel you have not completely emptied your bowels at the end of a bowel movement?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
9.	Do you usually lose stool beyond your control if your stool is well formed?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
10.	Do you usually lose stool beyond your control if you stool is loose or liquid?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
11.	Do you usually lose gas from the rectum beyond your control?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)

12.	Do you usually have pain when you pass your stool?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
13.	Do you experience a strong sense of urgency and have to rush to the bathroom to have a bowel movement?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
14.	Does part of your stool ever pass through the rectum and bulge outside during or after a bowel movement?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
15.	Do you usually experience frequent urination?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
16.	Do you usually experience urine leakage associated with a feeling of urgency; that is, a strong sensation of needing to go to the bathroom?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
17.	Do you usually experience urine leakage related to laughing, coughing, or sneezing?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
18.	Do you usually experience small amounts of urine leakage (that is, drops)?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
19.	Do you usually experience difficulty emptying your bladder?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)
20.	Do you usually experience pain of discomfort in the lower abdomen or genital region?	<input type="checkbox"/> No (0)	<input type="checkbox"/> (1)	<input type="checkbox"/> (2)	<input type="checkbox"/> (3)	<input type="checkbox"/> (4)

**Therapist Only**

ICD9 Code: \_\_\_\_\_

Comorbidities:

- |                                       |  |   |
|---------------------------------------|--|---|
| <input type="checkbox"/> Cancer       | <input type="checkbox"/> Obesity             | <input type="checkbox"/> Multiple Treatment Areas |
| <input type="checkbox"/> Diabetes     | <input type="checkbox"/> Heart Condition     | <input type="checkbox"/> Surgery for this Problem |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> High Blood Pressure |   |